

Whipped Cream

Count: 64

Wall: 2

Level: Easy Advanced

Choreographer: Gary O'Reilly (IRE), José Miguel Belloque Vane (NL) & Niels Poulsen (DK) -
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Music: Cream - Prince : (4:12 version)



Intro: 64 counts from start of song. App. 33 secs. into track. Start with weight on L foot

****2 restarts:**

***1st: on wall 2, after 32 counts, facing 12:00.**

****2nd: on wall 6, after 56 counts**

[1 – 8] Cross, ¼ R back L, big R step slide back, ball step LR, walk LR fwd, ¼ R hitch L knee

1 – 2 Cross R over L (1), turn ¼ R stepping back on L (2) 3:00

3 – 4&5 Step R a big step back (3), slide L towards R (4), step L next to R (&), walk R fwd (5) 3:00

6 – 7 – 8 Walk L fwd (6), walk R fwd (7), turn ¼ R on R hitching L knee (8) ... Note: during chorus go up on ball of R hitting the lyrics 'Get on TOP' 6:00

[9 – 16] Walk L fwd, R kick & point L&R, weave into slow L sweep

1 – 2& Walk L fwd (1), kick R fwd (2), step R next to L (&) 6:00

3&4 Point L to L side (3), step L next to R (&), point R to R side (4) 6:00

5 – 8 Cross R over L (5), step L to L side (6), cross R behind L starting to sweep L to L side (7), keep sweeping L (8) ...

Note: during chorus speed up count 6 so you execute it on the 'a' count to accent the beat 6:00

[17 – 24] Behind, point R, hip bump R X 2, Hold, ball cross rock, ¼ R fwd R, Hold

&1 Cross L behind R (&), point R to R side (1) 6:00

2 – 3 – 4 Bump hips R (2), bump hips R (3), HOLD (4) 6:00

&5 – 6 Step L next to R (&), cross rock R over L (5), recover back on L (6) 6:00

7 – 8 Turn ¼ R stepping R fwd (7), HOLD (8) ... Note: during chorus you hit 'Stop' in the lyrics 9:00

[25 – 32] Walk L, point R, walk R, point L, rock L fwd, ¼ L into chasse

1 – 4 Step L fwd dipping in knees (1), straighten knees and point R to R side (2), step R fwd dipping in knees (3), straighten knees and point L to L side (4) 9:00

5 – 6 Rock L fwd (5), recover back on R (6) 9:00

7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), step L to L side (8) ...6:00

*** Restart here on wall 2, facing 12:00**

[33 – 40] 1/8 L walk RL, ¼ L step slide R, ball side R with dip, point L, dip L, point R

1 – 2 Turn 1/8 L walking R fwd (1), walk L fwd (2) 4:30

3 – 4 Turn ¼ L stepping R a big step to R side (3), drag L toe towards R (4) 1:30

&5 – 6 Step L next to R (&), step R to R side dipping in R knee (5), straighten knees pointing L to L side opening body slightly L (6) 1:30

7 – 8 Dip down in knees (7), straighten knees pointing R to R side opening body slightly R (8) 1:30

[41 – 48] Behind, ¼ L, R step lock step, step ½ R, lock ½ R

1 – 2 Cross R behind L (1), turn ¼ L stepping L fwd (2) 10:30

3&4 Step R fwd (3), lock L behind R (&), step R fwd (4) 10:30

5 – 6 Step L fwd (5), turn ½ R stepping fwd onto R (6) 4:30

7&8 Turn ¼ R stepping L to L side (7), cross R over R (&), turn ¼ R stepping back on L (8) 10:30

[49 – 56] 1/8 R side step R, Hold, cross slow sweep, weave, ¼ L fwd

1 – 2 Turn 1/8 R stepping R to R side (1), HOLD (2) 12:00

3 – 4 Cross L over R starting to sweep R fwd (3), finish R sweep (4) 12:00

5 – 7 Cross R over L (5), step L to L side (6), cross R behind L (7) 12:00

8 Turn ¼ L stepping L fwd (8) ... 9:00

**** Restart here on wall 6, step L to L side on count 8 to restart facing 6:00**

[57 – 64] Jump RL fwd/together, pop shoulders fwd twice, Hold, R back rock, step ¼ L

&1 Jump R fwd (&), jump L next to R (1) 9:00

2 – 3 – 4 Pop shoulders fwd (2), pop shoulders fwd (3), HOLD (4) 9:00

5 – 6 Rock back on R sitting down and popping L knee fwd (5), recover on L (6) 9:00

7 – 8 Step R fwd (7), turn ¼ L stepping onto L (8) 6:00

Start again

Ending Finish dance the 7th time. You're now facing 12:00. Cross R over L 12:00

Last Update - 5 Nov. 2025 - R1