

# Keep on Holding

Count: 32

Wall: 4

Level: Improver

Choreographer: Jonas Dahlgren (SWE), Gregory Danvoie (BEL), Gudrun Schneider (DE) & Dirk Leibing (DE) - September 2023

Music: Holding On - Leony



Intro : 16 counts(7 sec.)

## (I) Side, Touch, Kick Ball Cross, Turn ¼, Turn ½, Turn ¼ with a Chassee

- 1-2 Step RF right(1), Touch LF next to RF(2)  
3&4 Kick LF to left diagonal(3), Step ball of LF next to RF(&), Cross RF in front of LF(4)  
5-6 Turn ¼ right stepping LF back(5)(3:00), Turn ½ right stepping RF forward(6)(9:00)  
7&8 Turn ¼ right stepping LF left(7)(12:00), Close RF next to LF(&), Step LF left(8)

## (II) Cross, Hold, Heel, Hold, Cross, Turn ¼, Turn 1/2

- 1-2 Cross RF in front of LF(1), Hold(2)  
&3-4 Step LF left(&), Dig right Heel to right diagonal(3), Hold(4)  
&5-6 Step RF next to LF(&), Cross LF in front of RF(5), Turn ¼ left stepping RF back(6)(9:00)  
7&8 Turn ¼ left stepping LF left(7), Close RF next to LF(&), Turn ¼ left stepping LF forward(8)(3:00)

## (III) Rock, Recover, Shuffle forward, Rock, Recover, Shuffle back

- 1-2 Rock RF forward(1), Recover on LF(2)  
3&4 Step RF forward(3), Close LF next to RF(&), Step RF forward(4)  
5-6 Rock LF forward(5), Recover on RF(6)  
7&8 Step LF back(7), Close RF next to LF(&), Step LF back(8)

## (IV) Back Touch, Hold, Back Touch, Hold, Heel & Heel, Step Turn

- &1-2 Jump Rf back to right diagonal(&), Touch LF next to RF(1), Hold(2)  
&3-4 Jump Lf back to left diagonal(&), Touch RF next to LF(3), Hold(4)  
5&6& Dig right Heel forward(5), Close RF next to LF(&), Dig left Heel forward(6), Close LF next to RF(&)  
7-8 Step RF forward(7), Turn ½ left(8)(9:00)

Start again

Tag after wall 8

- 1-2 Step RF right(1), Touch LF next to RF(2)  
3-4 Step LF left(3), Touch RF next to LF(4)

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